

November 2025

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# CANADALINKS

## LEST WE FORGET

Today, and every day, we say: We will remember them. Lest we forget.



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# IN FLANDERS FIELD

In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place: and in the sky  
The larks still bravely singing fly  
Scarce heard amid the guns below.

We are the dead: Short days ago,  
We lived, felt dawn, saw sunset glow,  
Loved and were loved: and now we lie  
In Flanders fields!

Take up our quarrel with the foe  
To you, from failing hands, we throw  
The torch: be yours to hold it high  
If ye break faith with us who die,  
We shall not sleep, though poppies grow  
In Flanders fields.

Col. John McCrae  
Commander  
3 Canadian General Hospital



## HONOURING THE FALLEN THE MEANING OF REMEMBRANCE DAY

Each year, on the 11th hour of the 11th day of the 11th month, Canadians pause in solemn reflection. Remembrance Day is more than a moment on the calendar—it is a national act of unity and gratitude, honouring those who served and sacrificed in times of war, conflict, and peacekeeping.

### A Legacy Rooted in Sacrifice

Remembrance Day traces its origins to the end of the First World War, marked by the Armistice on November 11, 1918. More than 66,000 Canadians gave their lives in that war alone. Since then, the red poppy—immortalized by Lieutenant-Colonel John McCrae's *In Flanders Fields*—has stood as a symbol of remembrance, resilience, and hope.

Composed at the battlefield on May 3, 1915, during the Second Battle of Ypres in Belgium, McCrae's poem continues to inspire generations of Canadians. It reminds us not only of the cost of war, but of our responsibility to carry forward the values of peace, freedom, and service.

## PASSCHENDAELE: COURAGE IN THE MUD

Among the most defining chapters of Canada's First World War legacy is the Battle of Passchendaele in 1917—one of the war's most grueling campaigns. Fighting through waist-deep mud, relentless shelling, and devastating losses, the Canadian Corps achieved what had been deemed impossible: capturing the village of Passchendaele after other Allied assaults had failed.

In just over two weeks, Canadian soldiers advanced through brutal terrain, demonstrating extraordinary determination and discipline. The cost was immense: more than 15,000 Canadian casualties. Yet their success solidified Canada's reputation as a formidable fighting force and marked a turning point in its emergence as a nation on the world stage.

Canada's military legacy spans generations: from the World Wars and the Korean War to global peacekeeping missions and modern operations. From Vimy Ridge to Kandahar, Canadian soldiers have defended freedom, democracy, and humanitarian values. Their courage continues to shape our national identity and collective memory.

## PRESIDENT'S MESSAGE

As the year winds down, November calls us to reflect—with gratitude and remembrance.

We honour the Canadians who served in war and peace. Remembrance Day is not only a tribute to their sacrifice, but a reminder to uphold the values they defended: freedom, dignity, and unity. May we wear the poppy with purpose.

November is also a month of preparation. At CanCham, we're strengthening partnerships, advancing key initiatives, and setting the foundation for a dynamic 2026. From member engagement to advocacy, our work continues to drive inclusive, sustainable growth.

As we remember their legacy, let's build a future worthy of it.

Lest we forget.



# CANADA-PH ROUNDUP



## Canada–Philippines Relations Surge Forward

A month marked by strengthened trade, defense cooperation, and humanitarian support, November has underscored the deepening ties between Canada and the Philippines. These advancements reflect shared priorities: resilience, economic opportunity, and regional stability.

## Development & Trade: Strong Momentum Ahead

**₱3.2 Billion in New Development Investments**

Canada has committed more than CAD 76.4 million (₱3.21 billion) to 12 new development initiatives across the Philippines. These projects focus on:

- Climate-resilient agriculture
- Disaster risk reduction
- Water and food security
- Energy transition and sustainability

This major investment strengthens long-term economic and environmental resilience in communities nationwide.

## Free Trade Agreement in Progress

Negotiations for a Canada–Philippines Free Trade Agreement (FTA) are advancing steadily, with both countries targeting a 2026 conclusion. An FTA would unlock new market access, expand bilateral trade, and support growth across key sectors.

## Humanitarian Support & Climate Response

**₱50 Million in Emergency Aid**

In response to Typhoon Uwan and recent earthquakes in Cebu and Davao, Canada has provided CAD 1.2 million (₱50 million) in humanitarian assistance. Support includes relief supplies, emergency services, and assistance for affected families.

## Climate Resilience Urged

Canadian officials highlighted the urgency of strengthening climate adaptation measures. They commended the Philippines' proactive evacuation strategies while emphasizing the rising frequency of severe storms and natural disasters.

## Defense & Security: A New Milestone

**Visiting Forces Agreement (VFA) Signed**

On November 2, Canada and the Philippines formalized a Visiting Forces Agreement, paving the way for joint training, military exercises, and enhanced security cooperation.

With this agreement, Canada joins the ranks of the U.S., Australia, Japan, and New Zealand as formal defense partners of the Philippines—an important step in strengthening regional stability.

*Canada, eh!*

## Rescuers 'punched and kicked' grizzly to save kids, says Nuxalk chief

A school trip near Bella Coola, B.C., turned into a fight for survival when a grizzly mauled a Nuxalk First Nation student group — and three adults charged straight at the bear to save the children.

Despite having his skull torn open, one man jumped on the bear with his bare hands. Another teacher blasted it with two full cans of bear spray — “didn’t even faze it,” said Hereditary Chief Noel Pootlass. A third, on crutches, swung them at the bear’s face until it finally backed off.

Four people, including children, were hospitalized; seven more were treated on site. Conservation officers and RCMP are now tracking the bear and warning residents to stay clear of the Four Mile area.

“It’s incredible no one was killed,” Pootlass said. One rescuer suffered 100 stitches and multiple fractures. The Nuxalk Nation says medical and spiritual support is underway for all affected.





# Air Canada Ranks Among the World’s Most Punctual Airlines in October

Air Canada has earned a spot among the world’s top-performing airlines for on-time arrivals, according to the latest global aviation data. In October, the country’s largest carrier landed 82.14% of its 31,618 flights on time, placing 9th worldwide and 3rd in North America—a strong performance in an increasingly competitive global market.

The rankings, released by aviation analytics firm Cirium, track on-time arrivals across major airlines in the United States, Canada, and around the world. A flight is considered on time when it lands within 14 minutes of its scheduled arrival—a benchmark Air Canada consistently met throughout the month.

Operating primarily out of Toronto Pearson Airport, one of the busiest and most complex travel hubs in North America, Air Canada’s performance underscores its operational strength and commitment to reliability. The carrier’s strong showing is particularly notable given the volume of flights and the logistical demands associated with its international network.

As a proud corporate member of the Canadian Chamber of Commerce of the Philippines, Air Canada continues to demonstrate leadership in delivering dependable service to travelers across global markets. Its performance reinforces the airline’s role not only as a national flagship carrier but also as an important connector between Canada and key international destinations—including the Asia-Pacific region.

Air Canada’s October results highlight a continued focus on operational excellence, customer experience, and maintaining world-class standards in commercial aviation.

## THE MOST ON-TIME NORTH AMERICA AIRLINES

	On-Time Ranking	On-Time Arrival	Tracked Flights	Completion Factor	Total Flights	Summary of Top Performers
Delta Air Lines (DL)	1	87.50%	99.99%	99.66%	148,827	82.89% Total On-Time Arrivals
Alaska Airlines (AS)	2	84.59%	99.99%	99.40%	37,458	
WestJet (WS)	3	84.49%	99.97%	99.39%	17,355	
United Airlines (UA)	4	84.16%	99.96%	99.62%	143,773	99.81% Total Tracked Flights
Spirit Airlines (NK)	5	83.91%	98.76%	99.65%	16,985	
American Airlines (AA)	6	82.10%	99.99%	99.08%	176,237	
Southwest Airlines (WN)	7	81.46%	99.92%	99.83%	111,987	722,504 Total Flights
Air Canada (AC)	8	81.07%	99.87%	98.53%	32,875	
Frontier Airlines (F9)	9	79.82%	99.67%	99.83%	15,221	
JetBlue (B6)	10	79.81%	99.96%	99.45%	21,786	





# Fly non-stop from Manila to Vancouver

Year-round, non-stop service.

Air Canada flies four times weekly nonstop between Manila and Vancouver, featuring three classes of service, with seamless connections to the rest of Canada, the U.S. and other international destinations.

Visit **[aircanada.com](http://aircanada.com)** to learn more.

FLIGHT	DEPARTS	TIME	ARRIVES	TIME	DAYS
AC18	Manila (MNL)	09:25	Vancouver (YVR)	06:20	Mon, Wed, Fri, Sat
AC17	Vancouver (YVR)	01:55	Manila (MNL)	06:20 + 1 day	Tue, Thu, Fri, Sat

\* Schedule shown subject to change without notice

A STAR ALLIANCE MEMBER



**AIR CANADA**



# CANCHAM IN ACTION

## PCCC AND CANCHAM SIGN MEMORANDUM OF COOPERATION

Makati City, Philippines — 22 October 2025

The Philippine Canada Chamber of Commerce (PCCC), led by Steve Pagao and former CanCham Executive Director Cora dela Cruz, and the Canadian Chamber of Commerce of the Philippines (CanCham), headed by President Christopher Ilagan, have officially signed a Memorandum of Cooperation (MOC) to strengthen inter-chamber collaboration, promote inclusive economic growth, and expand cross-sector engagement between their business communities.

The signing ceremony, held at the PCCI Office, brought together key representatives from both chambers and underscored a shared commitment to strategic dialogue, joint programs, and long-term partnerships.

In his remarks, CanCham President Christopher Ilagan highlighted the enduring Canada–Philippines diplomatic relationship, anchored in shared values and bolstered by the vibrant Filipino diaspora in Canada. He encouraged diaspora networks, industry stakeholders, and partners such as PCCI and PCCC to actively support CanCham's efforts toward a Canada–Philippines Free Trade Agreement (FTA).

The MOC signing marks a new chapter in Canada–Philippines chamber relations, reinforcing the role of chambers as convenors, catalysts, and collaborators for economic growth and bilateral engagement.

# WELCOME TO OUR NEWEST MEMBERS

**FOOD INDUSTRY ASIA (FIA)**  
<https://foodindustry.asia/>

Food Industry Asia (FIA) is a professionally managed, not-for-profit membership organization established in 2010 by a consortium of leading multinational food and beverage companies.



CANADA-IN-ASIA:

# MOMENTUM MANILA



## CANADA-PHILIPPINES FTA: MOMENTUM BUILDS TOWARD 2026

“Those trade terms, if crafted well for both parties, will attract new investments into the Philippines.”  
— Christopher Ilagan, President, CanCham Philippines

Canada-Philippines FTA talks are gaining momentum, with both countries aiming to conclude negotiations as early as 2026. The push comes as Canada looks to diversify its markets amid uncertainty surrounding the renewal of CUSMA, prompting renewed focus on the Asia-Pacific—and the Philippines in particular.







At the inaugural Momentum Manila, Ambassador David Hartman underscored the rapidly expanding economic opportunities between the two countries.

Analysts from APF Canada noted that the negotiations will be reinforced by existing frameworks: the ASEAN–Canada FTA (ACAFTA) and the CPTPP, which the Philippines has applied to join. These mechanisms are expected to streamline discussions and accelerate market access.

For the Philippines, a bilateral FTA with Canada presents strong potential for new investments in manufacturing, semiconductors, electronics, agriculture, critical minerals, and energy. Improved trade terms and clearer investment pathways could help address long-standing barriers such as red tape and ease-of-doing-business challenges.

Bilateral trade already stands at CAD \$3.2 billion—and the opportunities ahead are even greater. A stronger, more connected Canada–Philippines economic partnership is well within reach.







Photo by [Guy Boileau](#)

## CANADA'S PUSH TOWARD A CANADA-ASEAN FREE TRADE AGREEMENT SIGNALS A NEW ERA OF INDO-PACIFIC ENGAGEMENT

Prime Minister Mike Carney's recent LinkedIn post underscored a reality that global businesses have long recognized: Southeast Asia is one of the world's most dynamic economic hubs. Now a \$5-trillion economy, the ASEAN region continues to surge ahead in population growth, industrial expansion, and digital transformation—making it a natural partner for countries seeking diversified, future-ready markets.

Canada is moving decisively in that direction. As highlighted by the Prime Minister, Ottawa is working to finalize a comprehensive Canada-ASEAN Free Trade Agreement (FTA), a landmark partnership that has been years in the making. Negotiations formally began after Canada and ASEAN agreed in 2021 to pursue an FTA, building on earlier exploratory discussions dating back to 2018.



**Mark Carney** • 3rd+  
Prime Minister of Canada and ...  
3w •

[+ Follow](#)

Southeast Asia is a rapidly growing, \$5 trillion economy.

Canada is working to finalise a new Canada-ASEAN Free Trade Agreement — a partnership that would create huge opportunities for workers and businesses on both sides of the Pacific.

3,582

657 comments • 75 reposts





The ASEAN bloc—comprising 10 member states—already represents Canada's fourth-largest merchandise trading partner. Bilateral merchandise trade reached CAD \$40.7 billion in 2021, yet both sides see vast untapped potential. A joint feasibility study projects that a completed FTA could boost Canada's GDP by over US\$2.5 billion and increase Canadian exports to the region by approximately US\$2.7 billion.

Progress has been steady and deliberate. Six rounds of negotiations between 2022 and early 2024—hosted virtually and in-person across Indonesia, Malaysia, and Canada—have tackled key pillars such as labour, the environment, inclusive trade, and market access. Canada is set to host the seventh round, with trade ministers aiming to substantially conclude negotiations by 2025.

If finalized, the Canada-ASEAN FTA would open the door to new opportunities for Canadian businesses in clean energy, agriculture, technology, advanced manufacturing, education, and more. It would also strengthen Canada's place in the fast-growing Indo-Pacific region, supporting a trade environment built on transparency, predictability, and partnership.

As Southeast Asia continues its rapid ascent, Canada's engagement is not just strategic—it is essential. The momentum toward a Canada-ASEAN FTA reflects a vision for a more connected, resilient, and globally competitive future for both sides of the Pacific.





# LEADING WITH PURPOSE

## CanCham BOT in Action

The CanCham Board of Trustees continues to lead with purpose—driving strategic initiatives, strengthening partnerships, and advancing member interests across key sectors. From policy advocacy to event engagement, the Board remains committed to building a resilient, inclusive, and future-ready chamber for the Canada–Philippines business community.



### October 15 – Dinner with Canadian Delegates and PCCC Officers

CanCham joined PCCC officers in welcoming delegates from Canada. The Chamber was represented by Trustee and Membership Chair Dr. Josh Ramos, who engaged stakeholders on strengthening bilateral business collaboration.



### October 20 – Philippine Mining Conference 2025

**From Policy to Progress: Driving Mining Through Innovation and Investment**

**October 22–23, 2025 | Grand Hyatt Manila, BGC**

After a two-year hiatus, the Chamber of Mines of the Philippines (COMP) reconvened the Mining Philippines 2025 International Conference and Exhibition, gathering government officials, industry leaders, investors, and community partners to shape the future of Philippine mining.

Mining remains one of CanCham's key advocacy areas. The Chamber was represented by Mr. Roger Dimmell, Corporate Treasurer.



### October 22 – MBC Foreign Leaders Series

The Canadian Ambassador to the Philippines, H.E. David Hartman, addressed Makati Business Club members during the fourth installment of the Foreign Leaders Series.

MBC Chairman Edgar Chua opened the event, while CanCham President Chris Ilagan moderated the open discussion, highlighting Canada–Philippines economic priorities and emerging opportunities.

CanCham proudly collaborates with fellow chambers, government agencies, and industry leaders to deliver high-impact events that foster dialogue, drive innovation, and strengthen Canada–Philippines ties. From regulatory forums to cultural celebrations, our partnered events amplify shared values and create lasting connections across sectors.

# THE MONTH IN PHOTOS

**A dinner meeting with Canada's Secretary of State for International Development, the Honourable Randeep Sarai, together with Canadian companies operating in the Philippines.**

13 NOVEMBER 2025



**Dinner meeting with Christine Nakamura of APFC hosted by CanCham Governor, Ms. Doris Magsaysay-Ho**

5 NOVEMBER 2025



**IGNITE 2025**

15 OCTOBER 2025



**THANKSGIVING CANADIAN EMBASSY**

23 OCTOBER 2025



**PRESIDENTIAL FILIPPINNOVATION AWARDS 2025 National Competition**

6 NOVEMBER 2025



**CANCHAM X AMCHAM LETTER OF AUTHORIZATION**

17 OCTOBER 2025



**2025 EODB CONVENTION**

3 NOVEMBER 2025





# INSIDE THE JFC

## JFC Backs the Konektadong Pinoy Act—A Big Boost for Digital Philippines

Good news for the Philippines' digital future! The Joint Foreign Chambers of the Philippines (JFC) is applauding the DICT for the rapid rollout of the Implementing Rules and Regulations (IRR) of the Konektadong Pinoy Act—legislation designed to supercharge connectivity across the country.

Why the excitement? Because this Act is set to accelerate the rollout of broadband infrastructure, invite more players and investments into the market, and ultimately bring faster, more reliable, and more affordable internet to millions of Filipinos—especially in communities that have long been left behind.

“The Konektadong Pinoy Act is a landmark measure for digital inclusion, and the JFC has supported it since it was first filed,” shared Steve Winkates, Arangkada Project Director, speaking for the coalition. “This is a major leap forward in modernizing the Philippines' digital landscape. It brings better access to online learning, digital healthcare, e-commerce, and so many opportunities that depend on strong connectivity.”

With the IRR now in place, the real work begins—and the JFC is ready to collaborate. The coalition looks forward to working closely with the DICT and other partners to ensure smooth implementation and to push for additional reforms that enhance the investment climate and make doing business easier.

The JFC is composed of the American, Canadian, European, Japanese, and Korean chambers, as well as the Philippine Association of Multinational Companies Regional Headquarters, Inc. Its flagship advocacy, Arangkada Philippines, champions open trade, increased foreign investment, and a competitive business environment that benefits both the Philippines and its global partners.

A more connected Philippines isn't just a goal—it's now well underway.

*The Joint Foreign Chambers of the Philippines (JFC) is a coalition of the American, Canadian, European, Japanese, Korean chambers and PAMURI. We represent over 2,000 member companies engaged in over \$100 billion worth of bilateral trade and some \$30 billion of investments in the Philippines. The JFC supports and promotes open international trade, increased foreign investment, and improved conditions for business to benefit both the Philippines and the countries the JFC members represent.*



JFC Discussion on RMC-05 with DOF Usec Charlie Mendoza



# UPCOMING EVENTS

## FDA FORUM with DG PAOLO TESTON

15 DECEMBER, 9 AM - 11 AM

PepsiCo Office, 33/F Zuellig Bldg., Makati Ave., cor Paseo de Roxas, Makati City

## NORTH AMERICAN NETWORKING NIGHT

(AmCham / CanCham / Mexican Chamber)

January 15, 2026 (Thursday) | 6:00 PM – 9:00 PM

Makati City

## 2<sup>ND</sup> TRI-CONTINENT GOLF CHALLENGE

4 MARCH 2026

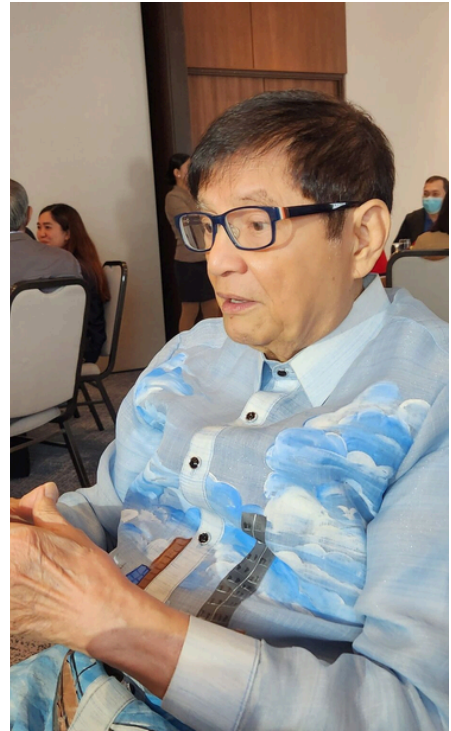
THE MANIAL SOUTHWOODS GOLF AND COUNTRY CLUB

## REAL ESTATE FORUM AND EXPO 2026

MARCH 13-15, 2026

DAVAO CITY

## CANADA THANKSGIVING THE FUTURE OF INFRASTRUCTURE IN DAVAO



The Canadian Chamber of Commerce of the Philippines (CanCham) – Mindanao celebrated Canadian Thanksgiving 2025 on October 23 at Seda Abreeza Hotel in Davao City.

It was an intimate yet inspiring day filled with connection and insight. Guests enjoyed engaging discussions on the future of infrastructure development in the Philippines — especially in Mindanao and Metro Davao — led by two distinguished speakers: Architect Felino "Jun" Palafox, Jr., Managing Partner and Founder of PALAFOX Associates, and Engineer Ivan Cortez, Head of the Davao City Planning and Development Office.

Their thought-provoking insights on sustainable growth, urban design, and inclusive development gave everyone plenty to reflect on — and even more to look forward to.

We extend our heartfelt thanks to our major sponsor, PALAFOX Associates, and our minor sponsors — the City Government Davao, the Davao City Investment Promotion Center, Villa Villacin Mansion, and Sun Life — for making this celebration possible.

Here's to continued collaboration, friendship, and shared prosperity between Canada and the Philippines. Photos by @Maya M. Padillo / @Edge Davao





## FIRST INSIGHT ON SITE A SUCCESS

CanCham Mindanao's inaugural Insight on Site visit with Apo Agua Infraestructura, Inc. was a truly eye-opening and meaningful experience.

We began with an informative briefing on Apo Agua's services, project features, and how the Davao City Bulk Water Supply Project is helping address the city's long-standing water challenges. Their team also walked us through the water treatment process and shared impactful CSR initiatives supporting communities and the environment.

After the presentation, participants enjoyed a guided facility tour—offering a closer look at the impressive systems and operations behind this vital project.

A heartfelt thank you to Apo Agua Infraestructura, Inc. for hosting our very first Insight on Site and warmly welcoming CanCham Mindanao.

## GLOBAL EDUCATION SUMMIT 2025: STRONG CANADIAN PRESENCE IN MINDANAO

The Global Education Summit 2025, held last November 15, delivered a strong turnout — with Canadian institutions taking center stage, led by our CanCham member Acsenda School of Management.

### Canadian Representatives

Acsenda School of Management – Ms. Richesa Carandang

University Canada West – Ms. Alexandra Rae James

University of Niagara Falls Canada – Ms. James Loribelle Millama

Georgian College – Ms. Arianne Dayandayan

Canada remains a top destination for:

- 🎓 Undergraduate and postgraduate studies
- 🎓 Master's programs
- 🎓 Professional diplomas and certificates

We also acknowledge the contributions of participating institutions from the United States (Ms. Carhla Villar, UniApply USA) and Australia (Mr. John Enguero, Stanley College), whose presence broadened the opportunities showcased at the summit.

Our thanks to Doc Joy Documentation & Consultancy Services for hosting a successful event and helping open new pathways for Mindanao students. CanCham Mindanao is proud to support these initiatives.



**A Conversation with**  
**HON. DANIELLE SMITH**  
Premier of Alberta

8:00AM / 8:30AM - India / Bangladesh  
9:30AM - Thailand, Vietnam, Cambodia, Laos, Indonesia  
10:30AM - China, HK, Macau, Taiwan, Singapore, Malaysia, Philippines  
11:30AM - Japan, South Korea



**AN OPPORTUNITY TO DISCUSS ALBERTA'S ECONOMIC PLANS FOR 2026 AND BEYOND**

- The Province of Alberta's economic priorities
- Alberta's plans towards the Indo-Pacific region
- Q and A forum

Alberta's Economic Priorities with Premier Danielle Smith. CanCham Philippines, in partnership with the CanChams of the Indo-Pacific (CCIP), invites you to join us as we welcome Alberta Premier Hon. Danielle Smith as she addresses the collective memberships of the 19 Canadian Chambers of Commerce across Asia.

[Pre-register here](#)

Premier Smith will outline her government's key economic priorities and share Alberta's strategic direction for strengthening engagement with the Indo-Pacific region.

Date: December 4, 2025

LIVE via ZOOM

Time Zones:

- 8:00 AM / 8:30 AM – India / Bangladesh
- 9:30 AM – Thailand, Vietnam, Cambodia, Laos, Indonesia
- 10:30 AM – China, HK, Macau, Taiwan, Singapore, Malaysia, Philippines
- 11:30 AM – Japan, South Korea

Discussion Highlights

**AN OPPORTUNITY TO DISCUSS ALBERTA'S ECONOMIC PLANS FOR 2026 AND BEYOND**

- The Province of Alberta's economic priorities
- Alberta's plans towards the Indo-Pacific region
- Q&A forum

Join us on Zoom to hear directly from the Premier as she discusses Alberta's economic agenda and answers questions on the province's growing partnerships in the Indo-Pacific.

**The Canadian Chamber of Commerce of the Philippines Inc.**

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## Holiday Health Tips for Travelers Between Canada and the Philippines

### Stay Healthy and Travel Smart This Christmas

The holidays bring busy travel between Canada and the Philippines. Whether facing Canada's winter chill or the Philippines' tropical heat, staying healthy ensures a safe and enjoyable trip.

#### For Filipinos Traveling to Canada

- Dress for the Cold: Layer up with jackets, gloves, scarves, and boots.
- Boost Immunity: Sleep well, hydrate, and consider vitamins.
- Protect Skin & Lips: Dry air can cause chapped lips and irritated skin.
- Watch Your Step: Snow and ice make sidewalks slippery.
- Bring Medications: Keep prescriptions in original packaging.
- Adjust to Short Days: Make the most of limited daylight.
- Mind Holiday Meals: Enjoy festive foods in moderation.

#### For Canadians Traveling to the Philippines

- Stay Hydrated: Drink plenty of bottled or filtered water.
- Guard Against Mosquitoes: Use repellent and wear light long sleeves.
- Sun Safety: Apply SPF 30+ and avoid midday sun.
- Eat Smart: Stick to reputable food spots and introduce new dishes gradually.
- Plan for Crowds: Malls, airports, and transport hubs will be busy.
- Pack for Weather: Light jackets for highland areas; rain can occur.

#### Tips for All Travelers

- Travel Insurance: Essential for emergencies.
- Keep Copies of Documents: Passports, prescriptions, and tickets.
- Adjust Sleep Schedules: Minimize jet lag.
- Practice Hygiene: Wash hands regularly.
- Drink Responsibly: Avoid overindulgence during festivities.

#### Final Tip

Whether it's Canada's snow or the Philippines' sun, a healthy traveler is a happy traveler. Prepare, stay alert, and focus on what matters most—family, fun, and safe holidays.

# DID YOU KNOW?

## The Hawaiian Pizza is a Canadian Original

The next time you debate the merits of pineapple on pizza, you can point to Canada as the source of this controversial creation.

The Hawaiian pizza was invented in 1962 by Sam Panopoulos at the Satellite Restaurant in Chatham, Ontario. A Greek immigrant, Panopoulos was no stranger to experimenting with food. He decided to add canned pineapple and ham to a pizza, naming it the "Hawaiian" after the brand of pineapple he used.

This sweet and savory combination quickly caught on and became a global phenomenon. While many people have strong opinions about its existence, there's no denying the dish's unique origin story north of the border.



## SOLVE ME: SUDOKU

How to Play Hard Sudoku:

- Sudoku is an advanced puzzle that requires critical thinking and strategy.
- Some rows, columns, or 3x3 blocks may be completely blank, leaving you to use thoughtful deduction skills to complete the grid.
- Like every Sudoku game, the goal is to fill each row, column, and 3x3 block with numbers 1 through 9, avoiding duplicates in each section.

2		8						
4	9							7
			3		1		8	
		6		5				
	7		2		8		1	
				6		5		
	8		5		4			
1							9	2
						6		4

## BRAIN TEASED

Forrest ran out of his HOME. He ran a distance, turned left, ran the same distance, turned left again, and ran once more before turning left. When he returned home, two masked men appeared. Can you figure out who they were?





## JOIN CANCHAM

**Grow Global with CanCham!** Unlock doors to new opportunities, amplify your brand, and make your mark in the Canada–Philippines business community. From policy influence to powerful networking, member spotlights to exclusive events, CanCham puts your business on the map.

Promote. Connect. Influence. Grow.

Be part of a network that champions your success.

👉 Join the Canadian Chamber of Commerce today and power up your business!



## Major Corporate Members



*Thank You*

A huge thank you to our incredible sponsors for standing with us across all our events. Your support turns ideas into experiences, gatherings into memories, and visions into reality. None of this would have been possible without you.